

Herbert Larry "Buster" Quist

Born: April 01, 1936, Green Bay, Wisconsin

High School: Albuquerque High School

College: University of New Mexico B.A. Arts and Science

Research in Honors in History

High School

- His skills at throwing baseballs long distances caught the attention of the school's track coach, Pete McDavid, who encouraged Quist to try out the javelin.
- 4 sport letterman for 3 years
- 1951 AP Honorable Mention All-State defensive end
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- 1953 AP Honorable Mention All-State quarterback
- 1953 & 1954 Qualified for the New Mexico team in the American Legion Junior Western Ski championships.
- 1954 State javelin champion
- Named the North football team for the North-South All-Star game.
- Earned a scholarship to the University of New Mexico

College/Amateur

- Gold medal for the United States at the 1959 Pan American Games held in Chicago, where he set a games record of 70.50 m (231 ft 3+1/2 in) to succeed Bud Held. Beat Al Cantello, World Record Holder.
- His international honors included National AAU competition against Japan and Russia, gold medalist at the Pan American Games and Sullivan Award nominee, given to the nation's top amateur athlete. Quist twice (1960 and 1964) set his sights on making the U.S. Olympic team but fell short each time due to injury.
- Runner-up at the NCAA Men's Division I Outdoor Track and Field Championships in 1958 and 1959 (to John Fromm then Bill Alley. and had his best national placing being second to Al Cantello at the 1959 USA Outdoor Track and Field Championships. His personal record of 74.60 m (244 ft 9 in) (old javelin model) was set in Philadelphia on July 19, 1959.
- First track and field All-American from UNM.
- Throwing the javelin for the Lobo track team, Quist was the undefeated Skyline Conference Champion from 1957-59.
- First UNM Athlete to win a medal in the NCAA Championship 3 years in a row, a record which held for 58 years.
- Gold Medals at these major events: Kansas Relays (1957), Houston Invitational (1956), Texas AAU (1956), Colorado Relays (1958 & 1959), 7 Japan (1958), Border Olympics (1959), Modesto Relays (1961, Skyline Conference Championships 1957, Record 1958, 1959), UTEP Relays (1959).
- Rhodes Scholar candidate.
- Sullivan Award nominee.
- Coach & Athlete Magazine Athlete of the Year 1958 for Rocky Mountains.

- Besides participating in track, Quist also found time to play football, as a starter, and ski at UNM. And he graduated with honors in History.
- Gold Medals in the following events:
 - 1955 Rocky Mtn AAU Denver
 - 1956 Gulf Coast AAU (Record) Corpus Christi, Texas
 - 1956 Houston Texas AAU(Record)
 - 1956, 1957, 1958 (Record), 1959, 1961, 1962, 1964 NM AAU
 - 2007 Masters T&F Championship
- Other Medals
 - 3 NAAU medals 1958 4th (qualified for NAAU Japan Tour, 1961 4th and of course 1959 2nd (Finland, Russia & Pan Am Games).
 - Competed in the NCAA Championship 3 times and medaled in all 3 years.
 - The NAAU Championship seven times and medaled 3 times.
 - 2006 The Masters T&F Championship
- June 1964 at the Compton Relays when my first throw was measured at 262' but was disallowed because the field judge was not at the toe board when I threw. He thought it was a practice throw. On my next throw the spike in my left shoe broke and severed my heel which did not heal in 3 weeks. The best Olympic throw at the 1964 trials was 250'. I was a "woulda, coulda, shoulda" athlete.

Professionally

- 1960 Began working in the life insurance business. He worked for his father then opened his own branch office for a major insurance company.
- 1969 Formed his own company, Insurance Consultants Limited with offices in Albuquerque, Phoenix, and El Paso.
- Born in the depths of The Great Depression in Green Bay, Wisconsin and enjoyed watching the Packers in the 1940's. He writes about those years in "Rediscovering the 1940's".
- Moved to Albuquerque, New Mexico in 1950. He was a two-time NCAA All American in Track and Field, and a Pan American Champion in the javelin. These experiences are featured in his historical novel, "Rediscovering the 1950's".
- Member Chartered Life Underwriters (CLU) and Life Member of Million Dollar Round Table.
- 1983-1993 Partner in Scottsdale Lakes Golf Club.
- A failure to make the American Olympic teams of 1960 and 1964 led to him abandoning the sport. At the age of seventy, he took up master's track and field and managed to throw beyond 117 feet (36 meters).
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Honors

- 1999 inducted into the UNM Hall of Honor

Community

- When his Olympic dreams squelched, Quist bought a set of golf clubs and worked his way to a 3 handicap. From 1968-74, he hosted the Buster Quist Invitational in Albuquerque, the largest Pro-Am Golf Tournament in N.M. at the time.
- 1961-1964 Chairman of Athletic Committee for Albuquerque Chamber of Commerce
- 1962-1963 Chairman "Teens Against Polio"
- 1960-1963 Assisted in recruiting Athletes for Jaycees Albuquerque Invitational Track Meet.
- 1968 President of New Mexico Life Leaders,
- 1970 Instrumental in the selection of Albuquerque for the PGA's Western United States Section Annual Convention

Family

- Wife, Olivia Smith Quist, UNM M.A. Degree. They live in Phoenix, Arizona. Their love story is featured in "Rediscovering Romance: A True Love Story".
- Susan Fishman, Mark Savage, Hunter L. Quist (deceased), David Quist

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